There are two home and community based services programs that are available as an alternative to nursing home care:

**Assisted Living Facility (ALF) Waiver** offers an option for individuals who need nursing home level of care but wish to remain in the community in an assisted living facility and receive specialized services that may delay or prevent admission to a nursing home.

**Long Term Care (LTC) Waiver** offers an option for individuals who need nursing home level of care but wish to remain in their home and receive specialized services that could delay or prevent admission to a nursing home.

**To Qualify, You Must be:**

- A U.S. Citizen or a lawful permanent resident who has lived in the U.S. for at least five years
- A Wyoming resident
- Age 65 or older, blind or disabled. (Applicant must be over 19 years old.)
- Medically eligible based on a needs assessment completed by a public health nurse (nursing home level of care as determined by the LT-101 assessment)
- Income eligible
  - Gross monthly income limit is $2,199. (Individuals with income above $2,199 may qualify by establishing an Income Trust.)
- Resource eligible – limits are:
  - Individual $2,000
  - Couple - $3,000, when both are applying
  - Couple - $119,220 when one is applying
    - Medicaid does not count as resources the home you live in (if the value is under $552,000), one vehicle or personal property (e.g. clothing, furniture, etc)

**How to Apply:**

Contact Frontier Home Health and Hospice at 332-2922 or 856-4127 for an application and to learn more about the programs. You can also contact Medicaid Eligibility Long Term Care Unit toll free at 855-203-2936.

**What You Pay:**

A recipient of the ALF waiver is responsible for paying room and board costs under the ALF waiver. A recipient of the LTC waiver is not responsible for paying toward the cost of services provided under the LTC waiver. Co-payments may apply for services.
SERVICES THAT MAY BE AVAILABLE (BASE ON PROGRAM SELECTIONS):

Assisted Living Facility (ALF) Waiver

- Personal care
- Homemaker
- Medication management
- 24 hour on-site response staff
- Supervision, safety and security

Long Term Care (LTC) Waiver – Agency Option

- Case management
- Personal care assistant (PCA) services
- Skilled nursing
- Home delivered meals
- Personal emergency response system (PERS) installation
- Non-medical transportation

Long Term Care (LTC) Waiver – Participant-Directed Care Option

- Case management
- Self-help assistant services (SHAs)
- Fiscal management services
- Skilled nursing
- Home delivered meals
- Personal emergency response system (PERS) installation
- PERS monthly monitoring
- Non-medical transportation

Not all participants receive all services. Services are determined by the LT-101 assessment, the participant, the case manage, and service availability in your geographic area.